

Kindermusik®



Westmont Hilltop

RECREATION COMMISSION

FALL/WINTER 2005



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PRESCHOOL ACTIVITIES



Kindermusik®

KINDERMUSIK VILLAGE

Kindermusik Village®, for children newborn to 1 1/2 years of age, incorporates the most current research on early childhood development and provides families a special place for learning and connecting with other parents and babies through music and movement.

Unit I: Sept 14th - Oct. 26th

Zoom Buggy! Explores the many ways Baby and Parent can Zoom! Experience the *vroom* of a rocket ship and the *swoosh* of canoe oars – all through a variety of instruments and songs.

Unit II: Nov. 2nd - Dec. 21st

Dream Pillow invites parents to sing to their baby in their own style. Class activities can easily be woven into routines at home and include delightful ideas for lulling Baby to sleep as well as upbeat, age appropriate exploration.

Days Wednesday
Time 10:00 a.m. - 10:45 a.m.
Ages Newborn - 18 months
Fee per unit \$100 (which includes materials; a CD, literature book, home activity cards and more.) 10% discount for those registering for both units.
Locations Grove

****Registration Deadline: Although registrations are accepted throughout the semester, registering by September 6th will ensure that the materials will be available to you on the first day of class.**

Please phone Kindermusik With Lynn Rutz at 288-6138 for registration information, payment options, sibling discounts, registration incentives and materials information. You may also visit her website at:
<http://www.home.earthlink.net/~kindermusikwithlynnrutz/>

PRESCHOOL ACTIVITIES



KINDERMUSIK OUR TIME

Our Time® is designed for children 1 1/2 years to 3 years of age. Along with an accompanying parent or caregiver, children meet weekly and enjoy singing, moving, listening, interacting socially and playing simple instruments.

Wiggles and Giggles features songs, activities and literature books surrounding the ever exciting themes of taking a bath, animal movements, and love for family and friends.

Days Wednesdays
Dates Sept. 14th - Dec. 15th
Time 11:15 a.m. - 12:00 noon
6:00 p.m. - 6:45 p.m.
Ages 18 months - 3 years
Fee per unit \$180 (which includes materials; 2 CDs, books, special musical instrument and more.)
Location Grove

****Registration Deadline: Although registrations are accepted throughout the semester, registering by September 6th will ensure that the materials will be available to you on the first day of class.**

KINDERMUSIK IMAGINE THAT!

Kindermusik Imagine That!® is designed for imaginative 3 and 4 year olds and encourages socialization, sharing and participating in group activities. Singing becomes a focus for enhancing the pre-school's vocal development as their expressive language is just beginning to emerge.

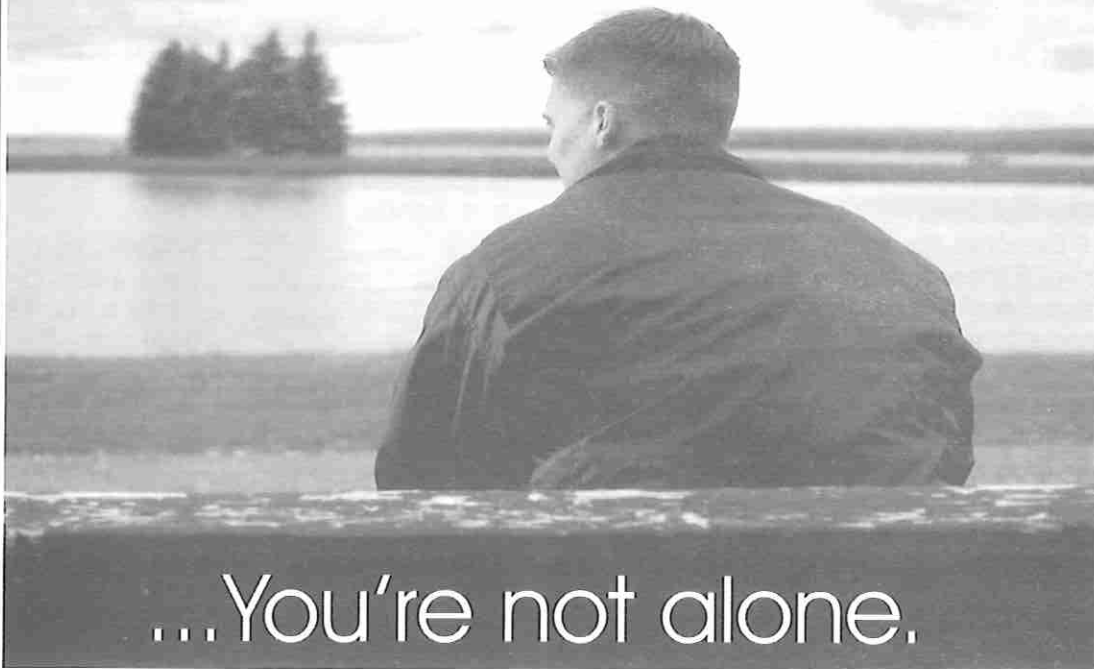
See What I Saw! Takes the child on a imaginary trip to Grasshoper Park where they slide down the park slide and then recreate the sound of that experience with a long vocal glissando. Recreating this experience at home is a snap with a park play set complete with trees, grass, a fence, a lake, two children, a sailboat and more. *Imagine That!*

Days Wednesdays
Dates Sept. 14th - Dec. 15th
Time 1:15 p.m. - 2:00 p.m.
6:00 p.m. - 6:45 p.m.
Ages 3 years - 4 years
Fee per unit \$190 (which includes materials; 2 CDs, books, special musical instrument, play component and more.)
Location Grove

****Registration Deadline: Although registrations are accepted throughout the semester, registering by September 6th will ensure that the materials will be available to you on the first day of class.**

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- Bipolar Disorder
- Schizophrenia
- Other Mental Health Conditions

At Nulton Diagnostic and Treatment Center, we know that your decision to call is an important one. That's why we want to assure you that all services are strictly confidential. To make things as convenient as possible, we welcome most insurances and will file the paperwork for you.

Insurances Accepted: Blue Cross/Blue Shield, Medicare, Medical Assistance (Access), HMO's, and most other healthcare insurances.

For more information or to schedule an appointment, call our toll free number (888) 918-5465 or one of the offices in your location listed below.



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- Ebensburg: (814) 472-1250
- Altoona: (814) 944-4722
- Somerset: (814) 444-9525
- Bedford: (814) 624-3121

Therapeutic Services for Adults, Children and Older Adults

PRESCHOOL ACTIVITIES



FUN for TWO

This fall program will provide toddlers with their first experience in a classroom setting. A parent or guardian must participate in this toddler program. Participants will enjoy a fun-filled hour of active games, music, crafts and storytelling. A maximum of 12 kids* will be accepted. All others will be placed on a waiting list. Pre-registration is required and payment is due in full prior to the start of the program.

Days	Tuesdays
Session I	Oct. 4 - Nov. 1
Session II	Nov. 15 - Dec. 13
Session III	Jan. 10 - Feb. 7
Session IV	Feb. 21 - Mar. 21
Time	10:00 a.m. - 11:15 a.m.
Fee	\$30 per session
Location	Grove
Instructor	Roni Shorto, Certified Elementary Ed Teacher

TOT "SOCK"ER

Join the team! Tots can play soccer too. Each session will include warm-up exercises, kicking, dribbling, and throw-in activities. We will play a 30-minute game and have a 5-minute cool-down with a story. No shoes or shin guards needed. We use safe "bouncy" balls.

Day	Tuesdays
Session I	Oct. 4 - Nov. 1
Session II	Feb. 21 - Mar. 21
Time	11:15 a.m. - 12:15 p.m.
Fee	\$25
Ages	3 - 5 years old
Location	Grove
Instructor	Roni Shorto

SUPER STAR SOCCER AT THE MOUND



The Westmont Hilltop Recreation Commission is sponsoring a Super Star soccer league to accommodate all pre-schoolers ages 3 to 5 years old. This is an eight (8) week program. Players will receive instruction along with participating in live game situations to help build confidence and self-esteem where everyone that participates will feel like a winner after every game.

Day	Monday
Date	April 24 to June 12
Location	The Mound
Time	5:30 p.m. - 6:30 p.m.
Price	\$35.00
Instructor	Roni Shorto

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YOUTH ACTIVITIES

KINDERGARTEN DAY OUT

Do you want your Kindergartner to have a full day school experience? Morning session kindergartners can ride the bus from school to the Grove for an afternoon of fun! There will be crafts, music, science, and social studies activities, gym time and more. Enrollment is limited so call now! An orientation session will be scheduled. You can sign up for either one day or both days.

Thursdays

Session I October 6 - November 3
 Session II November 17-December 22
 Time 12:00 p.m. to 3:00 p.m.
 Fee \$50 per session
 (\$10.00 discount for signing
 up for both sessions or
 siblings)
 Location Grove



AFTER SCHOOL FUN and GAMES

Come with your friends for an afternoon of fun. Ride the bus from school to the Grove for FREE gym time, snacks and organized playground games!

Day Tuesdays
 Date Nov. 15-Dec. 13
 Time After School - 5:15 p.m.
 Fee \$25 per student
 \$20 each if registered with
 a friend and prepaid by
 November 2, 2005

Location Grove
 Instructor Roni Shorto

*Pre-register as enrollment limit is 20 Students

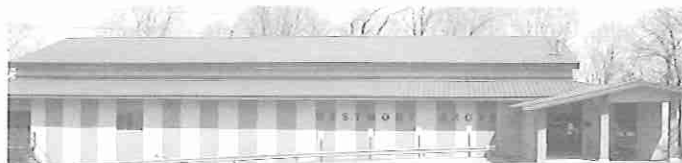
TRICK or TREAT NIGHT 2005

The Westmont Hilltop Recreation Commission at its September 28, 2005 Commission meeting will announce the night of Trick-or-Treat for Westmont, Southmont and Upper Yoder.



IMPORTANT

Remember to preregister for classes as early as possible. Some reason to register early: Class space is limited. Class may be cancelled.



The Grove

Call us at 539-1877

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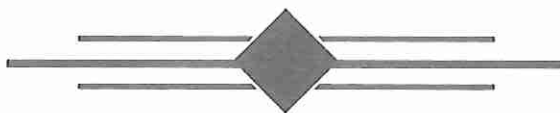
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YOUTH ACTIVITIES

FALL JUNIOR TENNIS LEAGUE

This league provides youth with singles, doubles and mixed doubles tennis matches. Supervised instruction provides tips on positioning and strategy. Registration is required.

Dates September 10, 17, 24,
October 1
Day Saturdays
Grades/Time Grades 1-4
8:00 a.m.-9:00 a.m.
*Mini Tournament
Grades 5-6
9:00 a.m.-10:30 a.m.
*Davis Cup
Format Tournament
Grades 7-8
10:30 a.m.-12 Noon
*Davis Cup
Format Tournament
Instructor Sue Minchau,
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YOUTH ACTIVITIES

INDOOR ROLLER HOCKEY LEAGUE

Ages 7 - 9 Pee Wee
 10-12 Junior
 13-14 Senior
 Day Saturdays
 Dates January 14 - February 18
 Time TBA
 Fee \$30 resident,
 \$38 non-resident
 Location Westmont Grove

Required Equipment

- Helmet
- Mouth Piece
- Skates (in-line)
- Hockey Stick

Recommended Equipment

- Shin Guards
- Elbow Pads
- Gloves



Volunteer indoor roller hockey league coaches are needed!

YOUTH ACTIVITIES

GOSHIN JUJITSU - The Way of Self-Defense

Learn JuJitsu; parent art of Aikido, Karate, Brazilian Jujitsu, and Jodo. Train for self defense, competition, traditional values, or just plain old fun.

JuJitsu is a method of self defense, with the emphasis on defense. JuJitsu will not be used in aggression, but will endeavor to dissuade or control the attacker. The method of defense will not exceed the severity of the intended attack, but rather, will use the attacker's own momentum against him. JuJitsu encompasses throws, locks, and striking techniques.

Day Every Thursday
 Time 7:00 p.m. - 9:00 p.m.
 Fee \$20 per four weeks
 Location Grove
 Ages 8-ADULT (younger children may be accepted if parent trains as well.)

Session I Sept. 29, Oct. 6, 13, 20
 Session II Oct. 27, Nov. 3, 10, 17
 Session III Dec. 1, 15, 22, 29
 Session IV Jan 5, 12, 19, 26

Instructor: Professor Alexander Ganzy, Ph.D. (7th DAN)
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 Certified Defense Tactics Instructor



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YOUTH ACTIVITIES

SOCCER "SKILLS, DRILLS and FUN"

Westmont Hilltop Recreation Commission is proud to support Soccer on the Hilltop with this four-week soccer clinic. Players will improve individual soccer skills and advance to a higher level of play with some of the best instruction from Juan Valencia and staff.

Day Sundays
 Dates Feb. 19 - Mar. 12
 Time 3:00 p.m. - 4:00 p.m.,
 ages 4-7
 4:00 p.m. - 5:00 p.m.,
 ages 8-10
 Fee \$25 per player
 Location Grove
 Instructor Juan Valencia, M.Sc., Ph.D.



YOUTH ACTIVITIES

BOYS AND GIRLS "HOT SHOT" BASKETBALL CONTEST

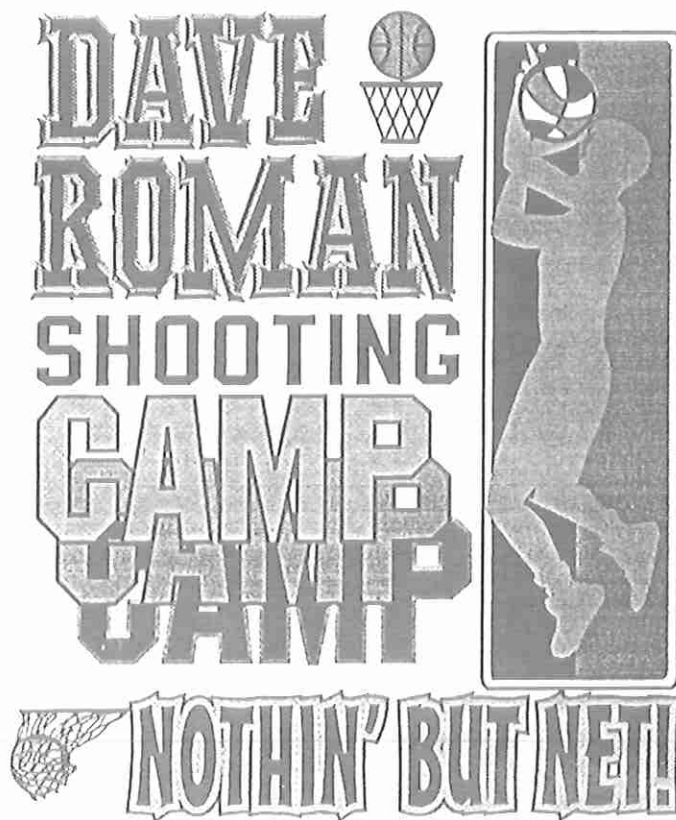


Who has the best shot on the HILL????

Date Saturday, March 25, 2006
 Time 12:00 Noon - ???
 Fee \$10.00 * includes T-Shirt*
 Location Grove
 Division Grades 2-3; Grades 4-5;
 Grades 6-7; Grades 8-9;
 Grades 10-12

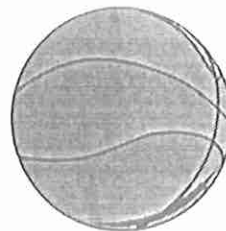
****Prizes will be given to the top shooter in each Division!!!!!!

The Westmont Hilltop Recreation Commission would like to thank all of the advertisers who have helped to make this program brochure possible.



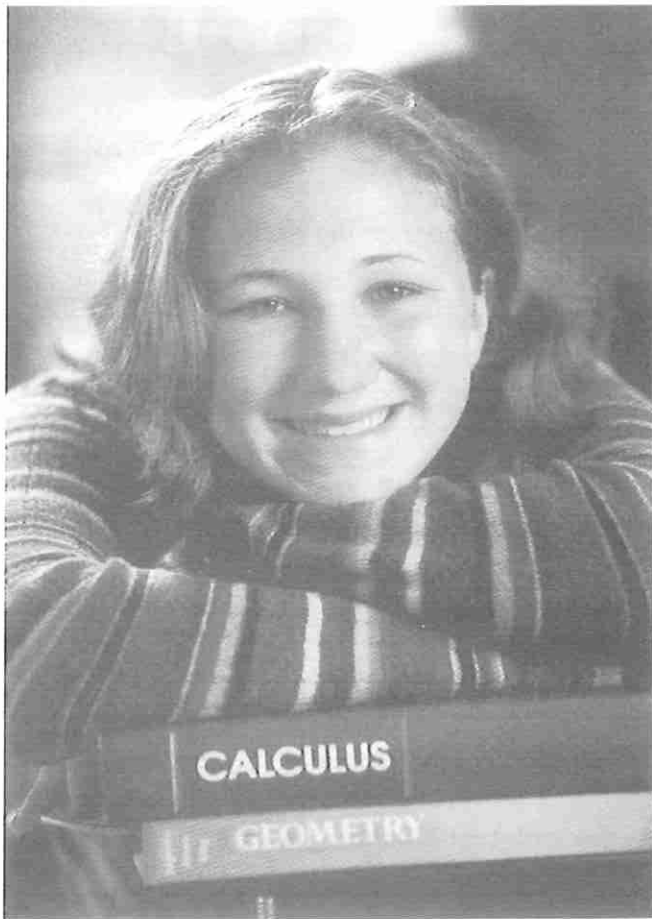
Good Luck

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YOUTH ACTIVITIES

VOLLEYBALL INSTRUCTIONAL CLINIC

This clinic will provide the participant with the techniques needed to perform basic volleyball skills. These will be taught through instruction and a variety of drills. Open to girls in grades 4 - 9.

Grades 4 - 6 and 7 - 9
 Dates TBA
 Day Tuesdays
 Time 6:00 p.m. to 7:30 p.m.
 Location Westmont Grove
 Fee \$25.00

SPECIAL EVENT

MOVIE NIGHT AT THE GROVE



On Friday, November 11th, 2005 at 6:30 p.m. the WHRC will be showing a Disney movie to be announced for ages 7-12 for only \$5 a person. Supervision, Drinks and Popcorn will be provided for all who attend.

***Call the Grove Office at 539-1877 for more info!**

DROP-IN BASKETBALL AT THE GROVE

Informal drop-in basketball for boys and girls. **Parents: Drop-in is NOT a supervised program.** Please pick up your children in a timely manner as we have to clean the gym out to set up for our adult volleyball programs and evening rentals.

Begins October 10, 2005
 Days Mondays and Fridays
 Fee \$1.00
 Location Westmont Grove
 Mondays 3:00 p.m.-5:30 p.m.,
 gr. 12 and under
 Fridays 1:00 p.m.-4:30 p.m., grades 4-8
 4:30 p.m.-6:30 p.m., grades 9-12

No preregistration required.



HOLIDAY DROP-IN BASKETBALL

Keep your eyes open for our flyer, or call the Grove office at 539-1877 to inquire about our revised drop-in basketball days and times for the holidays.

- Revised Thanksgiving days and times
- Revised Christmas days and times

SNOW DAY POLICY If Westmont schools are closed due to inclement weather, the Grove will be closed also.

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YOUTH ACTIVITIES

WINTER BASEBALL CLINIC

This clinic will offer basic pitching instruction for all children ages 6-12 years of age. For dates, times and more information please call the Grove office at 539-1877.

Date, Days & Times..... TBA
 Fee \$20 *Includes T-Shirt
 Location Grove
 Instructor Steve Vickroy, Asst.
 Westmont Hilltop High
 Baseball Coach



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Margo Cascone



John Lopresti



Mary Ashbrook

YOUTH ACTIVITIES

MARCH CRAFT MADNESS

Ride the bus to the Grove to shakeoff the cold weather blues! Students will have a snack, free gym time & some creative fun! Projects include puzzles, games, jewelry, magnets, airplanes & more.

Day Wednesdays
 Dates March 1-29 (Four weeks)
 Fee \$20.00
 Time After school till 5:15 p.m.
 Grades K-4
 Enrollment: 20 students max.

YOUTH ACTIVITIES

HOLIDAY CRAFT DAYS

Ride the bus to the Grove to shakeoff the cold weather blues! Students will have a snack, free gym time & some creative fun! Projects include puzzles, games, jewelry, magnets, airplanes & more.

Day Thursdays
 Dates November 17-December 15
 (No classes on November 24)
 Fee \$20.00
 Time After school till 5:15 p.m.
 Grades K-4
 Enrollment: 20 students max.



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 Kenneth Terry Claar, Jr.

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YOUTH ACTIVITIES

U6 INDOOR SOCCER LEAGUE

Instructional, non-competitive for children born between 8/1/99 and 7/31/01.

Dates Jan. 8 - Feb. 13
 Day Sundays
 Time TBA
 Fee \$30.00 includes uniform & trophy
 Location Westmont Grove

VOLUNTEER COACHES ARE NEEDED!



Special Events

THE 3rd ANNUAL WESTMONT RECREATION

TURF-SHARK INDOOR SOCCER CLASSIC TOURNAMENT

At the Grove on Saturday, November 19, and Sunday, November 20, 2005. TEAM ENTRIES ONLY. For more information, please contact the Grove at 539-1877.



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ADULT WELLNESS



YOGA FOR EVERYONE

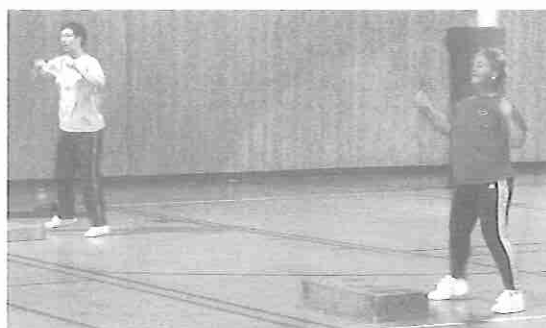
Yoga consists of 3 major components which foster physical and mental health. Yoga stretches, breathing techniques and meditation/relaxation techniques are all designed to improve stamina, strength, flexibility, concentration and relaxation. The effects of stress are reduced resulting in greater health, tranquility and mental clarity. This class is designed to accommodate many levels of fitness. Ability to get and down from the floor is required.

Day Thursdays
 Session I Oct. 4 - Nov. 22 (8 weeks)
 Session II Feb. 21 - March 28 (6 weeks)
 Session III April 18 - May 23 (6 weeks)
 Time 7:00 p.m.
 Fee \$40.00 or \$8.00 per class
 (Session I)
 \$30.00 or \$8.00 per class
 (Sessions II & III)
 Location Westmont Grove
 Instructor Judith Sullivan, R.Y.T.,
 multiple certifications,
 teaching for over 20 years

ADULT WELLNESS

ADULT AEROBICS CLASSES (6:00 A.M. Class)

Days Monday-Friday
 6:00 a.m. to 7:00 a.m.
 Saturday
 7:00 a.m. to 8:00 a.m.
 Monthly Fee \$25.00 resident,
 \$30.00 nonresident
 Drop-in Fee \$4.00 per class
 Age 55 and over
 Monthly Fee \$20.00 resident,
 \$25.00 nonresident
 Drop-in Fee \$2.00 per class
 Instructor Brigitte Wilson,
 YMCA Fitness Instructor



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ADULT WELLNESS

ADULT AEROBICS CLASSES

The WHRC and the YMCA Partnership will be conducted in six-week sessions. A minimum of eight people is required to conduct each session. In the event eight people are not pre-registered, the class may be cancelled. Payment must be received in the Grove office no later than the Friday prior to the beginning of each session.

A.M. AEROBICS (9:00 A.M. CLASS)

Dates, Times	Mondays, Wednesdays, Fridays, Saturdays 9:00 a.m. to 10:00 a.m.
Cost	\$50 per session, resident \$58 per session, nonresident
Session I	Sept. 12-Oct. 22
Session II	Oct. 24-Dec. 10
Christmas Mini Session	Dec. 12-Dec. 22 (\$15 for Mini-Session)
Session III	Jan. 2-Feb. 11
Session IV	Feb. 13-Mar. 25
Session V	Mar. 27-May 6
Minimum	8 people

ADULT AEROBICS CLASSES

P.M. AEROBICS (5:30-6:30 P.M. CLASS)

Dates, Times	Mondays, Tuesdays, Thursdays 9:00 a.m. to 10:00 a.m.
Cost	\$50 per session, resident \$58 per session, nonresident
Session I	Sept. 12-Oct. 22
Session II	Oct. 24-Dec. 10
Christmas Mini Session	Dec. 12-Dec. 22 (\$15 for Mini-Session)
Session III	Jan. 2-Feb. 11
Session IV	Feb. 13-Mar. 25
Session V	Mar. 27-May 6
Minimum	8 people

SATURDAY A.M. AEROBICS

Dates, Times	Saturdays 9:00 a.m. to 10:00 a.m.
Cost	\$16.50 per session, resident

AEROBICS INSTRUCTORS

Debra Smith, YMCA of the USA Certified Fitness Instructor and Personal Trainer
Vicki Clark, YMCA of the USA Certified Fitness Instructor and Personal Trainer
Marsha Weisenbach, NDEITA Certified Fitness Instructor
Natalie Wolf, YMCA Fitness Instructor



ADULT WELLNESS

HEALTHY BACK WORKSHOP

Did you know?

- You have a 7 in 10 chance of experiencing back pain sometime in your adult life.
- Back pain is the major cause of disability in people under 45.
- Back pain is the second most likely cause of absenteeism from work.
- Back pain is one of the most costly ailments of working-age adults. Estimates of money spent on medical care for back pain in 1990 reached well over \$22.7 billion.

Don't be a statistic. Join us for this educational workshop which incorporates both information and exercise designed to improve your back and abdominal strength, flexibility and posture. Workshop presenter Debra Smith is a YMCA of the USA certified Healthy Back instructor, and has 12 years of experience teaching health and fitness classes in the Johnstown area.

Fall Workshop	Friday, October 7th, 6 p.m.-7:30 p.m.
Winter Workshop	Friday, January 13th, 6 p.m.-7:30 p.m.
Spring Workshop	Friday, April 7th, 6 p.m.-7:30 p.m.
Cost	\$10.00
Minimum of 5 people needed to conduct seminar.	

SPECIAL INTEREST

WESTMONT HILLTOP AREA SENIOR CITIZENS

Hilltop Area Senior Citizens, Inc. is the organization to belong to if you are interested in keeping active! The group meets every second Thursday of the month at the Westmont Grove at 1:00 p.m., and membership dues are \$3.00 a year. Monthly activities to keep you busy are scheduled throughout the year. They include but are not limited to the following: singing in chorus, playing bingo and card games, bowling, and summer picnics. Bus trips are scheduled quite frequently throughout the course of the year. For more information contact Don Merritts at 255-2396.

DISCOUNT SKI LIFT TICKETS

Once again the Westmont Hilltop Recreation Commission is teaming up with the Pennsylvania Recreation & Parks Society to offer discount ski lift tickets this winter for area resorts. Tickets for Blue Knob, Hidden Valley and Seven Springs will be available.

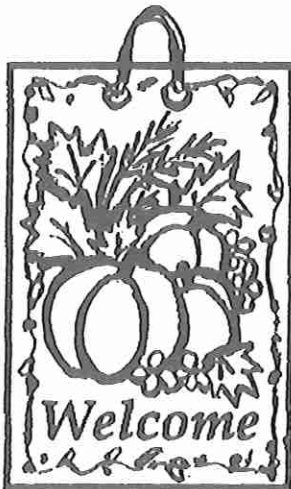
ADULT CLASSES

BASIC DOG OBEDIENCE CLASSES

Now forming at the Westmont Grove. There will be one hour of training and 1/2 hour of socializing your dog. Dogs must be at least 5 1/2 months old and updated on all shots (with proof). You must be 18 years of age or older to handle dogs.

For more information call 539-1877.

AUTUMN "WELCOME" SLATE Barb Muncert



Paint a colorful autumn design—pumpkins, leaves, flowers—on this 8" x 12" slate! Simple painting techniques: coloring book painting, blending, highlighting, shading, stroke work, dip-dots. Slate, brushes, acrylic paint supplied. Reserve your place early, class size is limited. Three week evening adult class.

Date Sept. 21, 28, Oct. 5
 Cost \$25.00
 Time 7:30 p.m. to 9:00 p.m.
 Day Wednesdays
 Location Westmont Grove
 Instructor Barb Muncert

YOUTH BASKETBALL LEAGUES

GIRLS' 5th and 6th GRADE BASKETBALL LEAGUE

An organized basketball league for 5th and 6th grade girls' teams expressing an interest in league play.

Day Sundays
 Date Oct. 16 to Dec. 18
 Registration By team ONLY
 Time 12:30 p.m. to 5:00 p.m.
 Fee \$250 per team
 Location Westmont Middle School

REGISTRATION DEADLINE: September 23, 2005
Six team registration minimum, eight team maximum.

BOYS' 5th and 6th GRADE BASKETBALL LEAGUE

An organized basketball league for 5th and 6th grade boys' teams expressing an interest in league play.

Day Sundays
 Date Nov. 6 to Jan. 22
 Registration By team ONLY
 Time 1:00 p.m. to 5:30 p.m.
 Fee \$250 per team
 Location Westmont Middle School

REGISTRATION DEADLINE: September 23, 2005
Six team registration minimum, eight team maximum.

GIRLS' 3rd and 4th GRADE BASKETBALL LEAGUE

An organized basketball league for 3rd and 4th grade girls' teams expressing an interest in league play.

Day Sundays
 Date Jan. 8 to March 5
 Registration By team ONLY
 Time 12:30 p.m. to 5:00 p.m.
 Fee \$250 per team
 Location Westmont Middle School

REGISTRATION DEADLINE: December 23, 2005
Six team registration minimum, eight team maximum.

ADULT LEAGUES

MEN'S SUNDAY NIGHT BASKETBALL LEAGUE

Day Sundays
 Date Nov. 6, 2005 to Feb. 26, 2006
 Time 5:30 p.m. to 9:30 p.m.
 Location Westmont Middle School
 Entry Fee \$300 per team

REGISTRATION DEADLINE: October 21, 2005



ACCESS OUR WEB PAGE TODAY AT:
<http://homepage.floodcity.net/users/whrc/>



THE RIDGE - RENTAL RATES

(Rates effective September 1, 2005)

WEEKEND (Saturday & Sunday) & HOLIDAY RENTAL RATES

	Resident Rental Rate	Non-Resident Rental Rate
75 People or Less	\$300.00	\$325.00
76-125 People:	\$350.00	\$375.00
Over 125 People:	\$400.00	\$425.00

**OVER 175 PEOPLE MUST MAKE SUTTLE BUS ARRANGEMENTS!!!*

A \$100 refundable (separate check) security/cleaning deposit is due with all rentals. This check is not due until the day you pick up the keys for your rental (the business day before your rental).

WEEKDAY RENTAL RATES (Monday thru Friday)

	Resident Rental Rate	Non-Resident Rental Rate
75 People or Less	\$225.00	\$250.00
76-125 People:	\$275.00	\$300.00
Over 125 People:	\$325.00	\$350.00

**OVER 175 PEOPLE MUST MAKE SUTTLE BUS ARRANGEMENTS!!!*

A \$100 refundable (separate check) security/cleaning deposit is due with all rentals. This check is not due until the day you pick up the keys for your rental (the business day before your rental).

WEEKEND (Saturday & Sunday) & HOLIDAY RENTAL RATES

Resident Rental Rate	Non-Resident Rental Rate
\$50.00 1st hour/ \$35.00 each additional hour	\$55.00 1st hour/ \$35.00 each additional hour

A \$100 refundable (separate check) security/cleaning deposit is due with all rentals. This check is not due until the day you pick up the keys for your rental (the business day before your rental). The security/cleaning deposit will be refunded (when you bring back te keys) if no damages are found and the facility is found to be in order upon your departure. **(See Security/Cleaning Deposit on Page 2)*



WESTMONT HILLTOP RECREATION COMMISSION

REGISTRATION POLICY

1. The Westmont Hilltop Recreation Commission (WHRC) reserves the right to cancel programs for which there is insufficient registration. Full refunds will be given if the Commission cancels a program. Refunds will be given to participants who withdraw prior to the start of a league, clinic, workshop, camp or other WHRC sponsored function, but they will be charged a \$5.00 administrative fee. Refunds will not be given once a program has begun.
2. A registration deadline may be enforced by the WHRC to ensure that a sufficient amount of time is available to organize leagues, clinics, workshops, camps and other WHRC sponsored functions.

*Resident discounts (where applicable) will only be awarded when participants register by or before the registration deadline date. Otherwise, the full program fee will be charged.
3. A registration minimum may be enforced by the WHRC to ensure that there is a sufficient number of teams and/or participants to successfully run a league, clinic, workshop, camp or other WHRC sponsored function.
4. A registration maximum may be enforced by the WHRC to ensure that gym availability, field availability and league capacity are not exceeded.
5. Registrations are accepted on a first come, first served basis, Hilltop Residents taking precedence.
6. A decision must be made by the registration deadline date to determine whether or not there is a sufficient number of participants to run the league, clinic, workshop, camp or other WHRC sponsored function. Leagues, clinics, workshops, camps or other WHRC sponsored functions that have not met their registration minimums by the deadline date will be cancelled. No exceptions!
7. Everyone must pre-register as classes may be filled or cancelled. Instructors will not accept registrations. EVERYONE must pre-register.
8. Participants must have course registration paid in full before attending any WHRC programs. Instructors will NOT accept course fees.

*Payment arrangements may be made prior to the start of the program through the WHRC.
9. Walk-in and phone-in registrations are processed immediately. Mail-in registrations are processed at random depending upon postal delivery.

*The WHRC recommends that you call the Recreation Office prior to the mailing of your registration.

*If a registration deadline has been assessed to a league, clinic, workshop, camp or other WHRC sponsored function, the mail-in registration form must be postmarked by or before the registration deadline date. Otherwise, it will be considered to be in default of the registration deadline.
10. There will be NO reduction in cost of a class for late registration or missed days.

11. Schedule changes or activity postponements are sometimes unavoidable. In such cases, every effort will be made to notify registrants.
12. The term "Hilltop Resident" refers to all Westmont Hilltop School District residents, and includes Westmont Borough, Southmont Borough and Upper Yoder Township.

SCHEDULE OF GROVE RENTAL RATES



1. Westmont Hilltop School District (curriculum related): No charge.
2. School-sponsored clubs, organizations, PTO, HAT, booster groups, athletic teams, and resident organizations: Actual expenses incurred. \$4.00 per hour + \$35.00 cleaning fee.
3. Community non-profit organizations: \$20.00 first two hours, \$15.00 each additional hour + \$35.00 cleaning fee.
4. General public: \$40.00 an hour.
5. Youth athletic practices: \$2.00 per youth (10 youth minimum), 1½ hours, half of gymnasium only; \$40.00 an hour, whole gymnasium.
6. Profit organizations (when admission is charged): \$100.00 first 2 hours.

GROVE RENTAL POLICY

1. RESERVATION POLICY
 - A. Reservations will be taken on a first come, first served basis. A nonrefundable reservation deposit is required to hold the date, and must be received within three (3) days of the reservation.
 - B. The nonrefundable deposit fee is as follows:
 - \$25.00 (first hour) for rentals that are 3 hours or less.
 - \$50.00 (two hours) for rentals that are 4 hours or more.
 - C. Non-profit reservation deposit fee will be adjusted accordingly.
 - D. The remaining balance for your rental is due in full when you pick up the key.
2. SECURITY/CLEANING DEPOSIT
 - A. A \$100.00 security/cleaning deposit is required. This amount is to be a separate check from the rental fee, and is due when you pick up the key.
 - B. The security deposit (\$100.00) will be refunded if no damages are detected, and the facility is found to be in order upon your departure.
3. COMMISSION OFFICE HOURS
 - A. The Recreation office is open Monday through Friday, 9:00 a.m. to 4:00 p.m., and it is the **renter's responsibility** to pick up their key and remit payment within this specified time frame. Otherwise, the rental will be deemed as cancelled and the Commission will retain the reservation deposit.

REGISTRATION FORM

Name _____ Age _____ Grade _____

Address _____

_____ Phone (hm) _____ (wk) _____

Activity _____ Fee _____

Activity _____ Fee _____

Shirt Size _____ Total _____

Adult: **S** (32-34) **M** (36-38) **L** (40-42) **XL** (44-46) Youth: **L** (10-12) **XL** (14-16)

IMPORTANT! I have the following physical condition which may be significant in case of emergency or accident (Information will be kept confidential):

If none, check here _____

All programs must be paid in advance. Phone registrations will be held up to 5 days for payment. Westmont Hilltop Recreation Commission is not responsible for accidents or injuries. **Participants are to be covered by their own Insurance.**

I agree I will release Westmont Hilltop Recreation Commission and staff from any or all claims from accidents or injury occurring while participating in any Westmont Hilltop Recreation Commission programs.

Signature of participant (18 or older), or signature of parent or guardian if under 18:

Signature _____ Date _____

There will be a \$5.00 fee assessed to all returned checks. Please refer to the "Registration Policy" section of this brochure regarding our policies.

MAIL OR FAX TO: Westmont Hilltop Rec. Commission, 1000 Edgehill Drive, Johnstown, PA 15905 (814) 539-1877 Fax (814) 536-5336

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Westmont Hilltop Recreation Commission

WESTMONT BOROUGH

Lee Williamson
Jonathon Gleason

SOUTHMONT BOROUGH

Kevin Pile
John Khuri, Chairman

UPPER YODER TOWNSHIP

William Good
William Huston

WESTMONT HILLTOP SCHOOL DISTRICT

Mitchell Azar, Vice Chairman
Tom Kirby, Secretary/Treasurer
Scott Watson

Solicitor Administrative Secretary
Daniel Lovette Shirley Robson

Executive Director Maintenance Supervisor
Steve Vickroy Denny Hammers



Front Row, Left to Right: Steve Vickroy, Daniel Lovette, Shirley Robson, Jonathon Gleason, Scott Watson, Thomas Kirby. **Back Row, Left to Right:** John Khuri, William Good, William Huston, Dennis Hammers, Mitchell Azar. **Members not present:** Kevin Pile and Lee Williamson.

General Information

RECREATION OFFICES

1000 Edgehill Drive
Johnstown, PA 15905

WEB SITE

<http://homepage.floodcity.net/users/whrc/>

PHONE

Office (814) 539-1877
Fax (814) 536-5336

OFFICE HOURS

Monday through Friday
9:00 a.m. to 4:00 p.m.

COMMISSION MEETINGS

The Westmont Hilltop Recreation Commission meets on the fourth Wednesday of the month at a designated location within the Westmont Hilltop School District. (Days are subject to change.)

HOLIDAYS

The Recreation office closes in observance of the following holidays: New Year's Day, Memorial Day, Independence Day, Labor Day, Thanksgiving and Christmas. (Days are subject to change.)



Westmont Hilltop Recreation Commission
1000 Edgehill Dr., Johnstown, PA 15905
(814) 539 - 1877 / Fax (814) 536 - 5336

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